

Functional Family Therapy Step-by-Step Process: PHASE TWO of FFT Site Certification

STEP ONE: 2-Day On-Site Clinical Trainings

At the beginning of Phase II, the FFT Site lead attends a 2-day supervisor training. Once the Supervisor has completed the first supervisor training, the Site Lead is considered the Site Supervisor and Step Two begins.



STEP TWO: Site Lead Begins Supervision of Team and is assigned an FFT Phase Two National Consultant

The Phase One National Consultant transfers the site to the assigned Phase Two National Consultant. The Phase Two National Consultant begins bi-weekly calls with the Site Lead. The Site Lead begins to supervise the team following the FFT Supervision Format. Some site leads reduce caseloads to part or half-time, however the site lead maintains at least five active cases at all times. CSS review and the completion of Weekly Supervision Checklists is assumed by the Site Lead.



STEP THREE: One Day On-Site Training and 2nd 2-day Supervisor Training

The Site Supervisor's Phase Two National Consultant provides a one 1-day on-site training during Phase II. In addition, FFT provides any on-going consultation as necessary and reviews the site's FFT CSS database to measure site/therapist adherence, service delivery trends, and outcomes. Phase II is a yearlong process.

The on site Supervisor attends a 2nd 2 day Supervisor Training approximately 6 months after the first Supervisor Training. This training will include a call back to the team so that the trainer can review the Supervisor's team consultation.



STEP FOUR: Year-End Assessment of Site. Begin conversations about how FFT can support site in year three/phase three.

